

# Mangosteen Performance Drink

Featuring the tropical fruity flavor of mangosteen, enjoy this delicious sports beverage that is rich in quality protein content.

## INGREDIENTS

	Quantity (g)	Usage Level
U.S. Whey Protein Isolate (Instantized)	12.5	48.7
U.S. Whey Protein Isolate (Pre acidified)	12.5	48.7
Mangosteen Flavor	0.6	2.3
Sucralose	0.045	0.18
<b>Total</b>	<b>25.65</b>	<b>100</b>

## PREPARATION

1. Blend all the dry ingredients together till well-incorporated.
2. Pour all the blended ingredients into a sports shaker bottle.
3. Add in 250 - 350 ml of water.
4. Shake well and serve.



## BENEFIT OF USING U.S. DAIRY

- Whey Protein Isolate boosts protein content and is easily digested and absorbed by the body.

## NUTRITION CONTENT PER 100G (BASED ON DRY-MIX):

Per 100g	
<b>Calories</b>	360kcal
<b>Total Fat</b>	0.5g
Saturated Fat	0g
Trans Fat	0g
Cholesterol	10mg
<b>Total Carbohydrates</b>	5g
Dietary Fiber	0g
Sugars	3g
<b>Protein</b>	83g
Calcium	436mg
Magnesium	97.5g
Phosphorus	1055mg
Potassium	449mg
Sodium	200mg
Iron	1mg
Vitamin A	0IU
Vitamin C	0mg

Rely on the dynamic lineup of U.S. Dairy to meet consumer demands in global product development. The U.S. Dairy Export Council® (USDEC) offers resources on [ThinkUSAdairy.org](http://ThinkUSAdairy.org), including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. [@ThinkUSAdairy](https://twitter.com/ThinkUSAdairy)  
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This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specifications needs. Developed by U.S. Dairy Export Council Southeast Asia.