

Lactose Tablets



INGREDIENTS

	Usage Levels (%)
Lactose, coarse grade (20-80 mesh average particle size)	97.39
Citric acid, anhydrous	1.50
Calcium or magnesium stearate	1.00
Color, FD&C yellow #5*	0.06
Lemon flavor, spray dried	0.05
Total	100.00

*Different colors can be substituted.

NUTRITIONAL CONTENT

Per 100g	
Calories	390kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Cholesterol	0mg
Total Carbohydrates	98g
Dietary Fiber	0g
Sugars	97g
Protein	0g
Calcium	15mg
Magnesium	3mg
Phosphorus	2mg
Potassium	10mg
Sodium	20mg
Iron	0mg
Vitamin A	0IU
Vitamin C	0mg

PREPARATION

1. **Mix all ingredients, except calcium stearate, in a planetary-type mixer for 10 minutes or until uniformly blended.**
2. **Add calcium stearate and mix for an additional 2 minutes.**
3. **Run through tablet press to form centers.**

Rely on the dynamic lineup of U.S. dairy to meet consumer demands for global product development. The U.S. Dairy Export Council (USDEC) offers resources on ThinkUSAdairy.org including a dairy ingredient supplier search, consumer, nutrition and product research, technical insights and prototype assistance to help develop and launch your next successful product. [@ThinkUSAdairy](https://twitter.com/ThinkUSAdairy)

This formula serves as a reference. Product developers are encouraged to modify the formula to meet manufacturing and finished product specification needs. Developed by Knechtel Laboratories. ©2014 U.S. Dairy Export Council.